



### Client Contact Information

Client Name: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Referred by: \_\_\_\_\_

Emergency contact: \_\_\_\_\_ Phone: \_\_\_\_\_

Physician/Health-care Provider name: \_\_\_\_\_ Phone: \_\_\_\_\_

Is this massage/bodywork medically necessary (is it for a medical condition, injury, surgery)? Yes ☐ No ☐

Do you have a physician referral? Yes ☐ No ☐

Do you need a receipt for insurance reimbursement? Yes ☐ No ☐

### Massage Information

Have you ever received professional massage/bodywork before? Yes ☐ No ☐

How recently? \_\_\_\_\_

What kind of pressure do you prefer? Light Medium Firm

What are your goals/expected outcomes for receiving massage/bodywork?

How do you feel today on a scale of 0-10? \_\_\_\_\_

List and prioritize your current symptoms/issues (stress, pain, stiffness, numbness/tingling, swelling, etc.):

Do these symptoms interfere with your activities of daily living (e.g., sleep, exercise, work, childcare)? Yes No  
Explain: \_\_\_\_\_

List the medications you currently take:

Are you wearing contacts? Yes ☐ No ☐

Are you wearing dentures? Yes ☐ No ☐

Are you wearing a hairpiece? Yes ☐ No ☐

Are you pregnant? ☐ Yes ☐ No ☐

Do you wear glasses for reading or for computer work? ☐ Yes ☐ No ☐

Have you had any injuries or surgeries in the past that may influence today's treatment?

**Circle any of the following health conditions that you currently have** (If you are unsure, please ask):

blood clots, infections, congestive heart failure, contagious diseases, pitted edema

Please answer honestly, as massage may not be indicated for the above conditions.



**Please indicate conditions that you have or have had in the past. Explain in detail, including treatment received:**

Current Past	Muscle or joint pain _____
Current Past	Muscle or joint stiffness _____
Current Past	Numbness or tingling _____
Current Past	Swelling _____
Current Past	Bruise easily _____
Current Past	Sensitive to touch/pressure _____
Current Past	High/Low blood pressure _____
Current Past	Stroke, heart attack _____
Current Past	Varicose veins _____
Current Past	Shortness of breath, asthma _____
Current Past	Cancer _____
Current Past	Neurological (e.g. MS, Parkinson's, chronic pain) _____
Current Past	Epilepsy, seizures _____
Current Past	Headaches, Migraines _____
Current Past	Dizziness, ringing in the ears _____
Current Past	Digestive conditions (e.g. Crohn's, IBS) _____
Current Past	Gas, bloating, constipation _____
Current Past	Kidney disease, infection _____
Current Past	Arthritis (rheumatoid, osteoarthritis) _____
Current Past	Osteoporosis, degenerative spine/disk _____
Current Past	Scoliosis _____
Current Past	Broken bones _____
Current Past	Allergies _____
Current Past	Diabetes _____
Current Past	Endocrine/thyroid conditions _____
Current Past	Depression, anxiety _____
Current Past	Memory Loss, confusion, easily overwhelmed _____

### Consent for Treatment

If I experience any pain or discomfort during this session, I will immediately inform the practitioner so that the pressure and/or strokes may be adjusted to my level of comfort. I further understand that massage/bodywork should not be construed as a substitute for medical examination, diagnosis, or treatment and that I should see a physician, chiropractor, or other qualified medical specialist for any mental or physical ailment of which I am aware. I understand that massage/bodywork practitioners are not qualified to perform spinal or skeletal adjustments, diagnose, prescribe, or treat any physical or mental illness, and that nothing said in the course of the session given should be construed as such. Because massage/bodywork should not be performed under certain medical conditions, I affirm that I have stated all my known medical conditions and answered all questions honestly. I agree to keep the practitioner updated as to any changes in my medical profile and understand that there shall be no liability on the practitioner's part should I fail to do so. I also understand that any illicit or sexually suggestive remarks or advances made by me will result in immediate termination of the session, and I will be liable for payment of the scheduled appointment. Understanding all of this, I give my consent to receive care.

Client Signature: \_\_\_\_\_ Date: \_\_\_\_\_  
Parent or Guardian Signature (in case of a minor): \_\_\_\_\_ Date: \_\_\_\_\_